



LUNCH MENU

| LUNUII MILITU |
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| Cream of Vegetable Soup, homemade brown soda bread€6.45 |
| Seafood Chowder, locally caught fresh and smoked sea food, brunoise of veg, soft green herbs, creamy white wine veloute, brown soda bread |
| SANDWICHES |
| Selection of Plain or Toasted Sandwiches or Wraps with filling of your choice, ham, chicken, tuna, red cheddar cheese, tomato, red onion, cucumber, salad leaves, butter or mayo. |
| Sandwich Plain or Toasted served with chunky chips and cabbage slaw €8.95 |
| Sandwich of your choice with crisps€6.50 |
| Soup and Sandwich Combo€10.95 |
| Chowder and Sandwich Combo€13.50 |
| Ham and Brie Toastie, red onion confit, cabbage slaw and chunky chips €8.95 |
| Toasted Spicy Dry Rub Turkey Triple Decker Sandwich , chipotle mayo, cheese, pickles, red onion and tomato, served with coleslaw and chunky chips |
| Grilled 6oz of Prime Irish Beef Burger served in a brioche bun, grilled rashers, our smoky burger sauce, pickles, red cheddar cheese, onion rings, green leaves, vine tomato, cabbage slaw and chunky chips |
| Philly Steak and Cheese Sandwich, strips of our prime local beef grilled with white onions, topped with grated Monterey Jack cheese, Worcestershire mayonnaise sauce, soft brioche roll, cabbage slaw and chunky chips |
| Grilled Lemon and Thyme Chicken Butterfly Panini, served in sesame and flax seed roll, basil pesto mayo, mozzarella, vine tomato, rocket, cabbage slaw and chunky chips€17.50 |
| SALADS AND SMALL PLATES |
| Italian Cured Meat and Fresh Cow's Mozzarella Platter, serrano ham, beef bresaola, pork pancetta, fresh mozzarella, served with basil pesto, pine nuts, rocket salad, olives, marinated cherry vine tomatoes and freshly baked Italian focacciastarter €13.95/main €17.95 |
| Grilled 6oz Irish Beef Steak Salad, our mixed leaf, rocket and spinach salad, pickled red onions, Cashel blue cheese, Heirloom tomatoes, basil pesto, kernels and toasted three cheese sourdough bloomer bread |
| Goats Cheese and Walnut Tartlet, confit red onions, green leaf spring salad and pomegranate vinaigrettestarter €12.95 |
| Crispy Monk Fish Scampi , tomato, chilli and mango salsa, guacamole, lemon crème fraiche, spring salad, garden herbs and fresh limestarter €13.95/main with chips €19.95 |
| Chicken and Bacon Caesar Salad, cos lettuce, croutons, boiled egg, parmesan shavings, and Caesar dressing |

| Locally sourced Crab on a buttery croissant, lemon yoghurt, radish, green soft herbs, Spring salad and chunky chips€14.95 |
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| MEAT AND FISH |
| Fried Chicken Wings with your choice of BBQ sauce, Copper Groves sticky sauce or original Louisiana Hot Sauce, salad garnish, celery sticks, blue cheese dipstarter €12.50/main served with chips €16.50 |
| Peking Duck Spring Rolls, slow cooked and shredded barbary duck, crunchy Asian salad of bell peppers, daikon, red onions & scallions, toasted sesame seeds and sweet teriyaki dressingstarter €12.95/main served with rice €16.95 |
| Grilled Fillet of Sea Bream served on a bed of Pasta Pappardelle, creamy tomato puttanesca sauce, black olives, capers, chilli flakes, grated parmesan, extra virgin olive oil and garlic bread €19.95 |
| Pan Fried Scallops, served with green pea, leek and samphire risotto, crispy kale, dill oil and parmesan |
| Chicken Curry, korma style curry sauce with roasted peppers and red onions, green vegetables, pak-choi, long grain rice and Naan bread |
| Homemade Chicken Goujons, dipping sauces, cabbage slaw and chunky chips €16.95 |
| Deep Fried Fish n' Chips , battered fillet of haddock, mushy pea, chunky chips, grilled lemon & tartar sauce |
| Green Pea, Leek and Samphire Risotto, crispy kale, dill oil and parmesan; (V) €14.95 |
| Add grilled breast of chicken€5 |
| Add chilli prawns€5 |
| Irish 8oz Striploin Steak, served with garnish of grilled onions, roasted beef tomato marinated with rosemary and garlic, portobello mushroom, chunky chips and a choice of pepper sauce or garlic butter€29.95 |
| SIDE DISHES €5 EACH |
| Creamed Potatoes |
| Champ Potatoes |
| Colcannon Potato |
| Vegetables of the Day |
| Steamed Greens |
| Garlie Bread |

Bowl of Seasonal Salad

Bowl of Chunky Chips (or cup of chips €2.50)